



# KIDSCAPE WORKSHOPS

Wales YFC is working with Kidscape to deliver Bullying awareness workshops for YFC clubs across Wales.

Kidscape is a National charity that offers training workshops that provide young people and our volunteer leaders with practical tools to prevent bullying, that protects young people.



Kidscape are offering YFC clubs throughout Wales free two hour workshops at the moment only through the medium of English:

Workshop objectives:

- Helping young people to feel safer
- Explore feeling and emotions involved in bullying and cyberbullying
- Help young people know more about the different forms of bullying and cyberbullying
- Explore the effects and impact bullying can have on a young person
- Recognise the difference between banter, conflict and bullying
- Support young people to help others
- Recognise the role of the bystander in situations of bullying
- Increase levels of confidence and provide techniques for managing a bullying situation, while developing a positive sense of self.



## DELIVERY METHOD

Workshops can be delivered online or face to face at your club.



## HOW TO BOOK A WORKSHOP WITH KIDSCAPE

To book a club session, please e-mail Carole Phillips on [carole@kidscape.org.uk](mailto:carole@kidscape.org.uk)



WALES FEDERATION OF YOUNG FARMERS CLUBS

YFC Centre, Llanelwedd, Builth Wells, LD2 3NJ  
01982 553502 [information@yfc-wales.org.uk](mailto:information@yfc-wales.org.uk) [www.yfc.wales](http://www.yfc.wales)