



CFfi CYMRU WALES YFC

Sioe Frenhinol Amaethyddol Cymru
Royal Welsh Agricultural Show
Maes y Sioe | Showground, Llanelwedd

20-23/07/2026

Cystadlaethau a Rheolau
Competitions and Rules

Dyddiad Cau
Closing Date

01/07/2026

Page 25 Amended: 13.05.2026





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THEMA

Dyddiau Da

Oed Cystadlu: Dylai pob aelod fod yn 28, 21, 18 neu 16 oed neu iau ar y 1af o Fedi 2025, oni bai y nodir fel arall yn y rheolau.

Nodir yr oedrannau cystadlu penodol o dan bob cystadleuaeth.

Bydd rhaid i bob cystadleuydd fod yn aelodau llawn o Glwb CFFI yng Nghymru sy'n gysylltiedig â CFFI Cymru neu FfCCFFI. Bydd yn ofynnol i gystadluwyr ddangos eu cardiau aelodaeth ar gyfer pob cystadleuaeth.

Bydd methu dangos cerdyn aelodaeth ddilys (â llun) yn arwain at gosb o £10. Ni chaniateir i aelodau gystadlu os nad yw eu henwau ar y rhestr o'r sawl sydd wedi talu i fod yn aelod o'r Ffederasiwn ac os na fyddant yn gallu dangos cerdyn aelodaeth ar ddechrau'r gystadleuaeth.

THEME

Golden Oldies

Competing Age: All members should be 28, 21, 18 or 16 years of age or under on the 1st September 2025, unless specified otherwise in the the rules.

Specific competing ages are noted under each competition.

All competitors must be full members of a YFC Club based in Wales and affiliated to either Wales YFC or NFYFC. Competitors will be required to show their membership cards for all competitions.

Failure to produce a valid membership card (with photo) will result in a £10 penalty charge. Any member whose name is not listed as a current paid up member of the Federation and who cannot produce a membership card at the start of the competition will not be allowed to compete.



CYSTADLEUAETH 1

ARDDANGOSFA FFEDERASIWN

TEITL

Cffî Trwy'r Blynnyddoedd

TÎM

Hyd at chwech aelod (28 mlwydd oed neu'n iau). Ni chaniateir mwy na phedwar aelod i lwyfannu a pharatoi'r arddangosfeydd. Caniateir i ddau aelod ychwanegol i godi'r ffrâm yn unig.

MESURIADAU

Caniateir y mesuriadau canlynol: 6' (1m 82.9 cm) o uchder; 6' (1m 82.9 cm) o led; 4'6" (1m 37.1 cm) o ddyfnder - uchafswm y mesuriadau allanol (gweler y rheolau cyffredinol ynglŷn â'r cosbau cysylltiedig ar gyfer arddangosfeydd sydd ddim yn bodloni'r gofynion maint angenrheidiol)

AMSER

Gweler y 'manyllion ynghylch yr amser a glustnodir i gyrraedd a chodi'r arddangosfa' a'r rheolau cyffredinol ynghylch cosbau am gyrraedd yn hwyr. Gellir datgymalu'r arddangosfeydd ar ol 3yp ar y 23ain o Orffennaf, 2026.

Caiff yr holl arddangosfeydd eu beirniadu ddydd Sul, 19fed o Orffennaf, am 4.15yp.

CYFLENWAD TRYDAN

Bydd un soced drydan ar gael ar gyfer pob arddangosfa yn Sioe Frenhinol Cymru, a chaniateir un wifren drydan yn unig i bob arddangosfa. Mae'n ofynnol fod unrhyw blygiau a ddefnyddir gan y cystadleuwyr wedi cael prawf PAT.

NODIADAU

Rhaid i bob aelod wisgo côt wen. Bydd y Ffederasiynau sy'n cymryd rhan yn gyfrifol am unrhyw labeli; gallant fod yn Gymraeg yn unig, yn Saesneg yn unig, neu'n ddwyieithog. Rhaid i'r holl adeiladu gael ei wneud gan yr aelodau. Dylai'r cystadleuwyr adael popeth yn yr arddangosfa dros gyfnod o bedwar diwrnod y Sioe, felly ni chaniateir unrhyw fwydydd darfodus. Mae'r cystadleuwyr yn gyfrifol am yr holl eitemau yn eu harddangosfa. Os gwelir fod unrhyw eitem yn dirywio yn ystod cyfnod y Sioe, bydd gan y stiwardiaid yr hawl i'w dynnu

COMPETITION 1

FEDERATION DISPLAY

TITLE

YFC Through the Years

TEAM

Up to six members (28 years of age or under). No more than four members to stage and prepare displays. The two additional members are only permitted to erect the frame.

MEASUREMENTS

Space allowed 6' (1m 82.9 cm) high; 6' (1m 82.9 cm) wide; 4'6" (1m 37.1 cm) deep - maximum outside measurements (please see general rules regarding penalties for displays which do not meet the necessary size specification).

TIME

Please see the 'allocated time of arrival and erection details' for setting up period and general rules on penalties for late arrivals. Dismantling can take place after 3pm on the 23rd July 2026.

All displays will be judged on Sunday, 19th July at 4.15 pm.

ELECTRIC

One electric socket will be available per display at the Royal Welsh Show, and only one trailing lead allowed from the display. It is a requirement that any plugs being used by competitors are PAT tested.

NOTES

All members must wear white coats. Participating Federations to be responsible for all labelling, this may be in English only, Welsh only, or bilingual. All construction to be made by members. All competitors to leave everything on display for the four days of the Show and therefore no perishable foods allowed. Competitors are responsible for all items on display. If any item is found to deteriorate over the Show period, stewards will be authorised to remove it. Federation Organisers will be responsible for co-ordinating the arranging and



oddi yno. Bydd Trefnyddion y Ffederasiynau yn gyfrifol am gydlynw'r gwaith o osod a datgymalu'r arddangosfa wedi'r Sioe. Tynnir marciau o'r cyfanswm terfynol os na fydd Ffederasiynau yn cadw at y rheol hon.

dismantling of the display after the Show. Marks will be deducted from final placing if Federations do not honour this rule.

Ni fydd safleoedd cyfartal yn cael eu caniatáu yn y gystadleuaeth hon.

No equal placings allowed in overall positions of this competition.

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

No mobile phones to be used during preparation, competition and setting up.

Bydd dirwyon i'r Ffederasiwn Sir os bydd UNRHYW ddeunydd yn cael ei adael ar ôl y Sioe Frenhinol, oni bai y trafodwyd yn flaenorol gyda CFFI Cymru.

There will be fines for the County Federation if ANY materials are left after the Royal Welsh, unless previously discussed with Wales YFC.

Rhaid i'r timau gofio y dylai'r arddangosfa fod yn addas i'w gweld gan blant a phobl o bob oedran.

Teams must remember that the exhibit should be suitable for viewing by all ages.

SYSTEM FARCIO

Dehongli'r thema	30
Saerniaeth y cefndir a'r llwyfannu	15
Ansawdd y cynnwys	20
Argraff a chyflwyniad cyffredinol	25
Defnydd o'r lle a ganiateir	10

SCALE OF MARKS

Interpretation of theme	30
Workmanship of backing and staging	15
Quality of content	20
Overall impression and presentation	25
Use of space allowed	10

Cyfanswm **100**

TOTAL **100**



CYSTADLEUAETH 2

CYSTADLEUAETH BLODAU

CYSTADLEUAETH YR AELODAU

Rhaid arddangos holl eitemau Cystadleuaeth yr Aelodau tan 3yp, ar ddydd Iau 23ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

THEMA

Adloniant

TÎM

Un aelod (28 mlwydd oed neu'n iau).

TASG

Paratowch arddangosfa i ddarlunio'r thema 'Adloniant'.

Sylwch: Gall aelodau ddefnyddio 'floral foam' (oasis), dewisiadau bioddiraddadwy a di-blastig micro neu ddewisiadau eraill wedi'u gwneud o ddeunyddiau naturiol.

COSTAU

Blodau heb fod yn fwy na £40 (heb gynnwys y Dail). Dylid arddangos y costau yn ogystal â derbynebaw gwreiddiol.

ARDDANGOSFEYDD

Gall cystadleuwyr ddefnyddio cefnwrdd os dymunant, ond rhaid iddynt eu darparu eu hunain.

LLE GWEITHIO

Hanner bwrdd trestl – gofod gwaith.

Mesuriadau: Lled o 76cm x dyfnder o 60 cm x unrhyw uchder a ddymunant.

AMSER

1 awr a 5 munud ychwanegol i sicrhau nad yw'r trefniadau wedi cael eu hamharu wrth glirio.

NODIADAU

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

Bydd y gystadleuaeth yn cael ei chynnal yn adran Garddwriaeth y Sioe Frenhinol, ac nid ym Mhabell y CFFI.

COMPETITION 2

FLORAL COMPETITION

MEMBERS' COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 23rd July. Removal of an exhibit before this time will result in the allocated marks being withdrawn.

THEME

Entertainment

TEAM

One member (28 years of age or under).

TASK

Prepare an exhibit to depict the theme of 'Entertainment'.

Please note: Members can use floral foam (oasis), biodegradable and micro plastic free alternatives or alternatives made from natural materials.

COSTINGS

Flowers not to exceed £40 (excluding Foliage). Costings as well as original receipts to be displayed.

DISPLAY

Competitors are allowed to use back boards but are to supply these themselves.

WORK SPACE

Half a trestle table – working space.

Display space - 76cm wide x 60cm deep x unlimited height.

TIME

1 hour plus a further 5 minutes to check that arrangements have not been disturbed during cleaning up operations.

NOTES

No mobile phones to be used during preparation, competition and setting up.

This competition will be held in the Horticulture section of the Royal Welsh Show, and not in the YFC Marquee.



Cyfanswm o 100 - i'w feirniadu yn unol â'r canllawiau (a amlinellir isod) a bennwyd gan Gymdeithas Genedlaethol y Cymdeithasau Gosod Blodau (N.A.F.A.S.). Gellir cael copïau o Lawlyfr Cystadlaethau NAFAS (trydydd rhifyn) gan NAFAS Enterprises Ltd, Osborne House, 12 Devonshire Square, Llundain, EC2M 4TE. Rhif ffôn: 02072475567.

1. Cadw at eiriad y gystadleuaeth.
2. Y deunydd planhigion yn amlycach na'r holl elfennau eraill.
3. Deunydd planhigion sy'n ddi-nam, mewn cyflwr da ac yn briodol.
4. Dehongliad clir o'r teitl a'r thema a ddewiswyd. Dylai deunydd y planhigion helpu i ddehongli'r thema a ddewiswyd heb ddibynnu'n llwyr ar yr ategolion.
5. Defnydd da o egwyddorion dylunio a'r lle a ganiateir. Y defnydd o gydbwysedd, graddfa, llinellau, lle, gwead a lliw yn cyfrannu at harmoni'r cyfanwaith.
6. Dylai unrhyw lieiniau bwrdd a sylfeini a ddefnyddir, yn ogystal â'r cynhwysydd ac unrhyw deitl, fod mewn cyflwr perffaith, yn addas i'r thema, a ddim yn amlycach na phopeth arall o ran maint neu liw.
7. Dylai ategolion, os yn eu defnyddio, fod mewn harmoni gyda gweddill yr arddangosfa a hynny ar raddfa gydag ef a'r ategolion eraill.

Total 100 marks - to be judged according to the guidelines (outlined below) laid down by the National Association of Flower Arrangement Societies (N.A.F.A.S.). Copies of the NAFAS Competitions Manual (third edition) may be obtained from NAFAS Enterprises Ltd, Osborne House, 12 Devonshire Square, London, EC2M 4TE. Tel: 02072475567.

1. Adherence to the competition wording.
2. Predominance of plant material over all other components.
3. Plant material that is unblemished, well conditioned and appropriate.
4. Clear interpretation of the title and chosen theme. Plant material should help to interpret the chosen theme without the sole reliance on accessories.
5. Good use of design principles and of the space allowed. The use of balance, scale, line, space, texture, and colour contribute to the total harmony.
6. Tablecloth and bases if used, as well as container and any title, in immaculate condition, suitable to the theme and not dominant in size or colour.
7. Accessories if used that are in harmony with the rest of the exhibit and that are in scale with it and with each other.



CYSTADLEUAETH COGINIO

CYSTADLEUAETH YR AELODAU

Rhaid arddangos holl eitemau Cystadleuaeth yr Aelodau tan 3yp, ar ddydd Iau 23ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

THEMA

Cinio Dathlu 90 Mlynedd

TÎM

Dau aelod (21 mlwydd oed neu iau).

TASG

Tîm o 2 aelod i goginio pryd dau gwrs ar gyfer 2 person a osodwyd gan y beirniad. Rhoddir rhestr o gynhwysion a'r dull/rysâit ar y diwrnod i aelodau eu dilyn. Bydd un pryd yn sawrus ac un yn felys.

Bydd CFFI Cymru yn darparu'r holl gynhwysion angenrheidiol gyda chostau heb fod yn fwy na £20. (siroedd i'w bilio am bob set o gynhwysion)

OFFER

Bydd rhestr o'r offer sydd ei angen yn cael ei ddosbarthu 1 wythnos cyn y gystadleuaeth, gan gynnwys prydau arddangos.

Aelodau i ddod a halen a phapur.

Bydd popty trydan bach ar gael i bob tîm (cystadleuwyr i ddefnyddio'r popty a ddarperir).

AMSER

Caniateir awr i goginio, gan gynnwys arddangos y pryd yn yr alcof gwyn a ddarperir (68.5cm X 68.5cm X 61cm o uchder) (gellir gosod deunydd cefndir ac ategolion cyn i'r awr gychwyn ac ni fydd yn cael ei gynnwys yn yr amser).

Rhoddir 15 munud i ddarllen a deall y rysâit.

Caniateir 1 awr i goginio'r rysâit - yn ogystal â phwyso a pharatoi'r cynhwysion.

Caniateir 15 munud ychwanegol i aelodau gwblhau holiadur hylendid bwyd.

COOKERY COMPETITION

MEMBERS' COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 23rd July. Removal of exhibit before this time will result in the allocated marks being withdrawn.

THEME

A 90th Anniversary Celebratory Meal

TEAM

Two members (21 years of age or under).

TASK

Team of 2 members to cook a two-course meal for 2 people set by the judge. Members will be given a list of ingredients and the method/recipe on the day for members to follow. One dish will be savoury and one will be sweet.

Wales YFC will provide all necessary ingredients with costs not exceeding £20. (counties to be billed for each set of ingredients)

EQUIPMENT

A list of equipment needed will be circulated 1 week prior to the competition, including display dishes.

Members to bring salt and pepper.

A small electric cooker will be available per team (competitors to use the cooker provided).

TIME

One hour is allowed for cooking, including displaying the dishes in the white alcove provided (68.5cm X 68.5cm X 61cm high) (background material and accessories can be arranged before the hour starts and will not be included in the time).

15 minutes will be given to read and understand the recipe.

1 hour will be allowed to cook the recipe- as well as weigh and prepare the ingredients.

An additional 15 minutes will be allowed for members to complete a food hygiene questionnaire.



COSBAU AMSER

Os na fydd timau'n gorffen o fewn yr awr ar gyfer coginio (15 munud ychwanegol ar gyfer holiadur), bydd 1 pwynt y funud yn cael ei dynnu o'r sgôr terfynol.

LLE GWEITHIO

Un bwrdd trestl gan gynnwys lle i'r popty.

ARDDANGOSFA

Rhaid arddangos y pryd yn yr alcof gwyn a ddarperir (68.5cm x 68.5cm x 61cm o uchder) (gellir gosod deunydd cefndir ac ategolion cyn i'r awr gychwyn ac ni fydd yn cael ei gynnwys yn yr amser). Rhaid i'r arddangosfeydd fod o fewn y maint/llle a ddarparir gan gynnwys unrhyw orchuddion neu leinin mewn/ar unrhyw lestri gweini/cynhwysyddion (cystadleuwyr i'w darparu). Gellir defnyddio ategolion sydd yn cydfynd a gweddill yr arddangosfa gyda gweddill yr arddangosfa a hynny ar raddfa gydag ef a'i gilydd, ond ddim yn flaenllaw. Os gwelir fod unrhyw eitem yn dirywio yn ystod cyfnod y sioe, bydd gan y stiwardiaid hawl i'w dynnu oddi yno.

NODIADAU

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

SYSTEM FARCIO

Gwaith Tîm a Dull	35
Cyflwyniad / Arddangosfa	15
Canlyniad terfynol yr eitem a baratowyd (lliw / blas / gwead / ayyb.)	40
Holiadur	10
CYFANSWM	100

TIME PENALTIES

Should teams not finish within the hour for cooking (additional 15 minutes for questionnaire), 1 point per minute will be deducted from the overall score.

WORK SPACE

One trestle table including cooker space.

DISPLAY

Meal to be displayed in the white alcove provided (68.5cm x 68.5cm x 61cm high) (backing material and accessories may be arranged by the competitors prior to the commencement of the one hour and will be outside of this time). All exhibits to be within the alcove size\space including any drapes or lining, in\on serving dishes\containers (competitors to supply). Accessories that are in harmony with the rest of the exhibit and that are in scale with it and each other, but not dominant, are allowed. If any item is found to deteriorate over the Show period, stewards will be authorised to remove it.

NOTES

No mobile phones to be used during preparation, competition and setting up.

SCALE OF MARKS

Teamwork and Method	35
Presentation / Display	15
Finished results of prepared item (colour /flavour / texture / etc.)	40
Questionnaire	10
TOTAL	100



CYSTADLEUAETH CREFFT

CYSTADLEUAETH YR AELODAU

Rhaid arddangos holl eitemau Cystadleuaeth yr Aelodau tan 3yp, ar ddydd Iau 23ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

TÎM

Un aelod. (16 mlwydd oed neu iau).

TASG

Dyluniwch a chreuwch eitem i gynrychioli eich Sir, sy'n addas i'w harddangos yn Adeilad CFFI Cymru.

Bydd angen i gystadleuwyr ddarparu clip fideo yn dangos sut y gwnaethant greu yr eitem. Rhaid i'r clip fideo ddangos elfennau allweddol o weithgynhyrchu a rhaid iddo fod o leiaf 2 funud ac uchafswm o 5 munud.

Bydd angen i gystadleuwyr gyflwyno cod QR i'w arddangos er mwyn i'r cyhoedd allu sganio a gwyllo'r fideo.

Ar ddiwrnod y gystadleuaeth gofynnir cwestiynau i'r aelod am y crefftwaith.

Ni ddylai'r fideo fod yn sioe sleidiau o ddelweddau, rhaid iddo fod yn gyfres o glipiau fideo amser real, neu'n fideo treigl amser i ddangos yr aelod sy'n gweithgynhyrchu'r eitem.

MESURIADAU

Lle arddangos – Hanner bwrdd trestl i gynnwys yr eitem orffenedig a'r cod QR.

COSTAU

Ni ddylai'r gost fod yn fwy na £20 - costau i'w harddangos. Bydd hygredd cost yn cael ei ystyried gan y barnwr.

AMSER

15 munud i arddangos yr arddangosfa.

NODIADAU

Dylid anfon yr eitem i Ganolfan CFFI Cymru erbyn y dyddiad penodedig yn barod i'w feirniadu cyn y Sioe.

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

CRAFT COMPETITION

MEMBERS' COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 23rd July. Removal of exhibit before this time will result in the allocated marks being withdrawn.

TEAM

One member. (16 years of age or under).

TASK

Design and create an item to represent your County, suitable for display in the Wales YFC Building.

Competitors will need to provide a video clip demonstrating how they created their item. The video clip must show key elements of the manufacture and must be a minimum of 2 minutes and maximum of 5 minutes.

Competitors will need to present a QR code to be displayed for the public to scan and watch the video.

On competition day the member will be asked questions on the workmanship.

The video must not be a slideshow of images, it must be a series of real-time video clips, or a time-lapse video to demonstrate the member manufacturing the item.

MEASUREMENTS

Display space – Half a trestle table to include the finished item and QR code.

COSTINGS

Not to exceed £20 in total- costings to be displayed. Credability of cost will be considered by the judge.

TIME

15 minutes to display the exhibit.

NOTES

Item and video to be submitted to the Wales YFC centre, ready for judging prior to the Show (date TBC).

No mobile phones to be used during competition.



SYSTEM FARCIO

Gwreiddioldeb a dewis crefft	15
Cynllun	15
Saernïaeth	30
Cyflwyniad a golwg yr eitem orffenedig	15
Cynnwys y Fideo	15
Cwestiynau'r Beirniaid	10
CYFANSWM	100

SCALE OF MARKS

Originality and choice of craft used	15
Design	15
Workmanship	30
Presentation and appearance of finished item	15
Content of Video	15
Judges Questions	10
TOTAL	100



CYSTADLEUAETH 3

CYSTADLEUAETH CNEIFIO DEFAID

TÎM

Dau aelod (un 28 ac un 21 oed neu iau, rhaid i'r ddau fod yn 16 oed a throsodd).

CYMHWYSTER

Dim ond aelodau sy'n derbyn cyntaf neu ail yn eu categorïau oedran priodol yn eu Rali Sirol fydd yn gymwys i gystadlu yn Sioe Frenhinol Cymru.

Rhaid i feirniaid Rali Sirol sicrhau bod pob cystadleuydd cymwys yn dangos lefel o gymhwysedd sy'n addas ar gyfer Sioe Frenhinol Cymru. Ni ddylid enwebu aelodau i gystadlu ar lefel Cymru sydd ddim yn bodloni'r safon ofynnol, waeth beth fo'u safle yn y gystadleuaeth.

TASG

Aelodau i gneifio dau oen yr un.

NODIADAU

Mae'n rhaid i gystadleuwyr ddarparu eu pen cneifio eu hunain.

Y cymhwyster lleiaf ar gyfer cystadleuwyr yw "Wobr Glas" Gwlân Prydain neu gymhwyster cyfatebol gan ddarparwr hyfforddiant cneifio defaid cydnabyddedig. **Rhaid danfon copi o'r dystysgrif i Swyddfa CFFI Cymru cyn y sioe.**

DYDDIADAU PWYSIG

Cyfarfod Staff cyn y sioe (dyddiad i'w gadarnhau). Dylid danfon Tystysgrif y Wobr Glas / Prawf Medruswydd i Ganolfan CFFI Cymru erbyn y dyddiad penodedig.

SYSTEM FARCIO

Bydd rheolau a system farcio BISCA 2026 yn weithredol ar gyfer y gystadleuaeth.

COMPETITION 3

SHEEP SHEARING COMPETITION

TEAM

Two members (one 28 and one 21 years of age or under, both must be 16 years and over).

ELIGIBILITY

Only members who are placed first or second in their respective age categories at their County Rally will be eligible to compete at the Royal Welsh Show.

County Rally judges must ensure that all qualifying competitors demonstrate a level of competence appropriate for the Royal Welsh Show. Any member who does not meet the required standard, regardless of their placing, should not be put forward to compete at Wales YFC level.

TASK

Members to shear two lambs each.

NOTES

Competitors must provide their own shearing heads.

The minimum qualification for competitors is a British Wool "Blue Seal" or an equivalent qualification from a recognised sheep shearing training provider. A copy of the certificate **must be supplied to the Wales YFC office in advance of the show.**

IMPORTANT DATE

Pre-show Staff Meeting (date to be confirmed) – Blue Seal / Proficiency certificate or number to be submitted to the Wales YFC Centre.

SCORING SYSTEM

The BISCA Rules and marking system for 2026 will apply.



CYSTADLEUAETH 4

TRIN GWLÂN

TÎM

Un aelod (28 mlwydd oed neu iau).

TASG

Un aelod i drîn dau gnu o wîlan.

NODIADAU

Cystadleuwyr i fod yn gyfrifol am ddarparu eu hysgubell (brwsh) eu hunain.

SYSTEM FARCIO

Bydd rheolau a system farcio BISCA 2026 yn weithredol ar gyfer y gystadleuaeth.

COMPETITION 4

WOOL HANDLING

TEAM

One member (28 years of age or under).

TASK

One member to handle two fleeces.

NOTES

Competitors are responsible for supplying their own broom.

SCORING SYSTEM

The BISCA Rules and marking system for 2026 will apply.



CYSTADLEUAETH 5

CANU

TÎM

UNIGOL – Un aelod (28 mlwydd oed neu iau).

GRŴP – Hyd at 6 aelod a dim llai na 2 aelod (28 mlwydd oed neu iau).

TASG

Unigol – Cân neu gymysgedd o ganeuon o Eicon Cerddorol.

Grŵp – Cymysgedd o ganeuon o'r 70au, 80au neu'r 90au. Rhaid i'r cymysgedd gynnwys caneuon o ddau ddegawd o leiaf.

CYFEILIANT

Traciau Cefndirol yn unig ar ffurf MP3. Ni chaniateir cyfeiliant byw.

AMSER

Caniateir uchafswm o 5 munud i bob adran.

Caniateir isafswm o 2 munud i bob adran.

COSB AMSER

Hyd at 15 eiliad dros neu o dan amser – 2 farc cosb; Hyd at 30 eiliad dros neu o dan amser – 5 marc cosb; Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

OFFER

Dylai aelodau ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB a ddylai gynnwys lleisiau cefndir yn unig (bydd technegydd y CFFI yn gyfrifol am chwarae'r ffeiliau MP3). **Noder RHAID i'r gerddoriaeth fod yn fersiwn Golygiad Radio, h.y. yn addas ar gyfer cynulleidfaedd teuluol.**

Meicroffonau – Bydd gan y cystadleuwyr ddewis o hyd at chwech meic llaw neu feicroffon radio.

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (dylid e-bostio'r ffeiliau MP3 at gwybodaeth@yfc-wales.org.uk dros WeTransfer neu ar ffon USB).

SYSTEM FARCIO

Perfformio

35

Lleisiol

35

Gwisg

10

Effaith Gyffredinol

20

CYFANSWM

100

COMPETITION 5

SINGING

TEAM

Solo - One member (28 years of age or under).

Group – Up to 6 singers but no less than 2 singers (28 years of age or under).

TASK

Solo section – A song or medley from a Musical Icon.

Group – A medley of songs from the 70s, 80s or 90s. The medley must include songs from at least two decades.

ACCOMPANIMENT

Backing track only in MP3 Format. No live accompaniment is allowed.

TIME

Maximum time allowed for each section is 5 minutes.

Minimum time allowed for each section is 2 minutes.

TIME PENALTIES

Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

Members to supply the Mp3 files via WeTransfer or on USB stick which should include backing vocals only (Mp3's will be operated by the YFC technician).

Please note music MUST be Radio Edit versions, i.e. suitable for family audiences.

Microphones – Competitors will have the choice of up to six hand held radio mics or headset radio mics.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Submission of music files to Wales YFC Centre (mp3 files to be e-mailed to information@yfc-wales.org.uk via WeTransfer or submitted on a USB stick).

SCALE OF MARKS

Performance

35

Vocal

35

Costume

10

Overall Effect

20

TOTAL

100



CYSTADLEUAETH 6

DAWNSIO

TÎM

Un tîm i gynnwys rhwng 4 ac 8 aelod (28 oed neu iau) i berfformio un ddawns.

TASG

Tîm i berfformio un ddawns i ddarlunio'r thema 'Dawnsio drwy'r Degawdau' a rhaid iddo gynnwys arddulliau dawns o o leiaf ddau ddegawd.

NODYN: Ar gyfer rownd derfynol CFFI Cymru, bydd siroedd yn anfon eu 2 dîm dawns uchaf ymlaen, bydd sgoriau'r ddwy ddawns yn cael eu cyfuno i ddod o hyd i'r enillydd cyffredinol.

LLWYFAN

Darperir llwyfan – 20' X 20'.

AMSER

Caniateir uchafswm o 4 munud i bob trefn ddawns. Caniateir isafswm o 2 munud i bob trefn ddawns.

Cosb Amser

Hyd at 15 eiliad dros neu o dan amser – 2 farc cosb; Hyd at 30 eiliad dros neu o dan amser – 5 marc cosb; Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

OFFER

Fydd technegydd CFFI Cymru yn gyfrifol am chwarae pob ffeil MP3. Dylai cystadleuwyr ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB. **Noder RHAID i'r gerddoriaeth fod yn fersiwn Golygiad Radio, h.y. yn addas ar gyfer cynulleidfaoedd teuluol.**

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (naill ai ar USB neu dylid e-bostio ffeiliau MP3 at gwybodaeth@yfc-wales.org.uk)

SYSTEM FARCIO

Coreograffi	30
Gwerth Adloniant	25
Cerddoroldeb	20
Creadigrwydd	10
Perfformiad Cyffredinol	15
CYFANSWM	100

COMPETITION 6

DANCING

TEAM

One team to consist of between 4 and 8 members (28 years of age or under) to perform one dance.

TASK

Team to perform one routine to depict the theme 'Dancing through the Decades' and must include dance styles from at least two decades.

NOTE: For the Wales YFC final, counties will send forward their 2 highest placed dance teams, the scores from both dances will be combined to find the overall winner.

STAGE

A 20' x 20' stage will be provided.

TIME

Maximum time allowed is 4 minutes. Minimum time allowed is 2 minutes.

Time Penalties

Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

The YFC technician will be responsible for playing all mp3's. Competitors to submit their MP3 files either via WeTransfer or on a USB stick. **Please note music MUST be Radio Edit versions, i.e. suitable for family audiences.**

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Submission of music file to Wales YFC Office (either on a USB stick or mp3 files to be e-mailed to information@yfc-wales.org.uk)

SCALE OF MARKS

Choreography	30
Entertainment Value	25
Musicality	20
Creativity	10
Overall Performance	15
TOTAL	100



CYSTADLEUAETH 7

ARDDANGOSFA'R PRIF GYLCH – 'CFFI Cymru yn Troi'n 90'

TÎM

Tîm o hyd at 11 aelod yn cynnwys un cyflwynydd - (pob aelod i fod yn 28 mlwydd oed neu iau) i gymryd rhan yn yr Arddangosfa.

TASG

Pob aelod o'r tîm i gymryd rhan mewn arddangosfa sy'n darlunio'r thema 'CFFI yn 90 oed'.

Un aelod o'r tîm, y cyflwynydd, i wneud sylwebaeth byw ar yr arddangosfa. Bydd un meicroffon llaw yn cael ei ddarparu ar gyfer y sylwebaeth.

Nodyn: Ni chaniateir defnyddio canhonnau confetti na fflamau mwg yn Sioe Frenhinol Cymru.

AMSER

Ni ddylai'r arddangosfa fod yn hirach na 5 munud.

Hyd at 15 eiliad dros amser - 2 farc cosb; Hyd at 30 eiliad dros amser - 5 marc cosb; Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

SYSTEM FARCIO

Perfformiad	30
Gwreiddioldeb	20
Gwisg	10
Sylwebaeth	20
Effaith Gyffredinol	20
TOTAL	100

COMPETITION 7

MAIN RING DISPLAY – 'Wales YFC Turns 90'

TEAM

A Team of up to 11 members including one compere (all members must be 28 years of age and under) to take part in the Display.

TASK

All members of the team to take part in a display depicting the theme 'YFC Turns 90'.

One member of the team, the compere, will commentate on the display. There will be one hand held microphone available.

Note: At the Royal Welsh Show, no confetti canons or smoke flares are to be used.

TIME

The display should be no longer than 5 minutes.

Up to 15 seconds overtime - 2 penalty marks; Up to 30 seconds overtime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

SCALE OF MARKS

Performance	30
Originality	20
Costumes	10
Commentary	20
Overall Effect	20
TOTAL	100



CYSTADLEUAETH 8

BARNU STOC GWARTHEG DUON CYMREIG

TÎM

Pedwar aelod (un 28, un 21, un 18 ac un 16 mlwydd oed neu iau).

TASG

Cystadleuwyr 28 a 21 oed neu iau i osod a rhoi rhesymau ar ddau gylch o bedwar o wartheg.

Cystadleuwyr 18 oed neu iau i osod dau gylch o bedwar a rhoi rhesymau ar un cylch o bedwar o wartheg (cylch i'w benodi cyn y gystadleuaeth).

Cystadleuwyr 16 oed neu iau i osod a rhoi rhesymau ar un cylch o bedwar o wartheg.

SYLWER

Caiff pob adran eu beirniadu ar bwyntiau'r brîd.

AMSERU

Caniateir 15 munud ar gyfer arolygiad.

RHESYMAU

Caniateir dwy funud i bob cystadleuydd gyflwyno eu rhesymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig ar raddfa o ddau farc am bob 15 eiliad neu ran o hynny. Bydd y marciau yn cael eu tynnu o gyfanswm y gystadleuydd.

Caiff yr aelodau ond defnyddio'r cardiau a ddarperir gan CFFI Cymru yn ystod y gystadleuaeth.

COMPETITION 8

WELSH BLACK CATTLE STOCK JUDGING

TEAM

Four members (one 28, one 21, one 18 and one 16 years of age or under).

TASK

The 28 and 21 years of age and under competitors to place and give reasons on two rings of four cattle.

The 18 years of age and under competitor to place two rings of four cattle and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years of age and under competitor to place and give reasons on one ring of four cattle.

NOTE

Cattle to be judged on breed points.

TIMING

15 minutes allowed for inspection.

REASONS

Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 second or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC during the competition.



CYSTADLEUAETH 9

CYSTADLEUAETH GWISGO FYNY

THEMA

Masgot CFFI Cymru Newydd

TÎM

Dau aelod. (un 18 oed ac un 16 oed neu iau).

TASG

Dau aelod i wisgo i fyny Arweinydd Clwb / Aelod Hŷn fel Masgot CFFI Cymru newydd gan ddefnyddio deunyddiau wedi'u hailgylchu'n sylweddol.

Bydd y Beirniad yn siarad â'r tîm i ofyn am eu rhesymau dros eu dyluniad (gwneir hyn mewn ffordd anffurfiol)

NODIADAU

Yr holl wisgoedd i'w gwneud adeg y gystadleuaeth felly ni ellir gwneud unrhyw waith ymlaen llaw (Cosbir y timau os caiff y gwisgoedd eu gwneud ymlaen llaw neu os cânt eu llogi). Atgoffir timau na chaniateir unrhyw ategolion megis wigiau sydd wedi'u gwneud / eu prynu ymlaen llaw.

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

AMSER

Caniateir 1 awr.

SYSTEM FARCIO

Gwreiddioldeb	25
Gwaith Tîm	25
Defnydd o Ddeunyddiau Wedi'u Hailgylchu	25
Effaith Gyffredinol	25
CYFANSWM	100

COMPETITION 9

DRESSING UP COMPETITION

THEME

A new Wales YFC Mascot

TEAM

Two members (One 18 years and one 16 years of age or under).

TASK

Two members to dress up a Club Leader / Senior member as a new Wales YFC Mascot using predominantly recycled materials.

The Judge will speak to the team to ask their reasons behind their design (this will be done in an informal way)

NOTES

All costumes to be made on the day and therefore no work to be undertaken beforehand (Teams will be penalised if costumes have been made beforehand or if they have been hired). Teams are reminded that accessories such as wigs that have been made / purchased beforehand are therefore not permitted.

No mobile phones to be used during preparation, competition and setting up.

TIME

Time allowed – 1 hour.

SCALE OF MARKS

Originality	25
Teamwork	25
Use of Recycled Materials	25
Overall Effect	25
TOTAL	100



CYSTADLEUAETH 10

BARNU DEFAID SUFFOLK

TÎM

Pedwar aelod (Un 28, Un 21, Un 18 ac Un 16 oed neu iau).

TASG

Cystadleuwyr 28 a 21 oed neu iau i osod a rhoi rhesymau ar ddau gylch o bedwar o ddefaid.

Cystadleuwyr 18 oed neu iau i osod dau gylch o bedwar a rhoi rhesymau ar un cylch o bedwar o ddefaid (cylch i'w benodi cyn y gystadleuaeth).

Cystadleuwyr 16 oed neu iau i osod a rhoi rhesymau ar un cylch o bedwar o ddefaid.

NODIADAU

Caiff pob adran eu beirniadu ar bwyntiau'r brîd.

AMSER

Caniateir 15 munud ar gyfer adolygiad a thrin a thrafod y defaid.

RHESYMAU

Caniateir dwy funud i bob cystadleuydd gyflwyno eu rhesymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig ar raddfa o ddau farc am bob 15 eiliad neu ran o hynny.

Caiff yr aelodau ond defnyddio'r cardiau a ddarperir gan CFFI Cymru i wneud nodiadau.

COMPETITION 10

SUFFOLK SHEEP JUDGING

TEAM

Four members (one 28, one 21, one 18 and one 16 years of age or under).

TASK

The 28 and 21 year old and under competitors to place and give reasons on two rings of four sheep.

The 18 years old and under competitor to place two rings of four sheep and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years old and under competitor to place and give reasons on one ring of four sheep.

NOTES

Sheep to be judged on breed points.

TIMING

15 minutes allowed for inspection and handling of the sheep.

REASONS

Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC during the competition.



CYSTADLAETHAU 11

BRWYDR 'LIP SYNC'

TÎM

Hyd at deg aelod, a dylai o leiaf 2 aelod fod yn 18 mlwydd oed neu'n iau.

TASG

Dylai timau berfformio brwydr 'lip sync' o fewn yr amser penodedig. Gellid cymharu'r gystadleuaeth i feimio cân, ond caiff ei chynnal fel brwydr rhwng dau grŵp neu ddau berfformiwr.

Nodyn: Mae'r frwydr yn digwydd o fewn perfformiad y tîm ei hun – nid yn erbyn tîm arall.

AMSER

Caniateir lleiafswm o 2 funud ac uchafswm o 5 munud.

DIRWY AMSER

Hyd at 15 eiliad dan/dros amser - 2 farc; hyd at 30 eiliad dan/dros amser- 5 marc a thynnir 5 marc dirwy bellach am bob 15 eiliad wedi hynny.

OFFER

Fydd technegydd CFFI Cymru yn gyfrifol am chwarae pob ffeil MP3. Dylai cystadleuwyr ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB. **Noder RHAID i'r gerddoriaeth fod yn fersiwn Golygiad Radio, h.y. yn addas ar gyfer cynulleidfaoedd teuluol.**

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (naill ai ar USB neu dylid e-bostio ffeiliau MP3 at gwybodaeth@yfc-wales.org.uk)

COMPETITION 11

LIP SYNC BATTLE

TEAM

Up to ten members, at least 2 members to be 18 years of age or under.

TASK

Teams are required to perform a lip sync battle within the allocated time. The competition could be compared to a mime to music, but takes the form of a battle between two groups / artists.

NOTE: The battle takes place within the team's performance – not against another team.

TIME

A minimum of 2 minutes and maximum of 5 minutes will be allowed.

TIME PENALTIES

Up to 15 seconds overtime or undertime – 2 penalty marks; up to 30 seconds over or under time – 5 penalty marks, and a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

The YFC technician will be responsible for playing all mp3's. Competitors to submit their MP3 files either via WeTransfer or on a USB stick. **Please note music MUST be Radio Edit versions, i.e. suitable for family audiences.**

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Submission of music file to Wales YFC Office (either on a USB stick or mp3 files to be e-mailed to information@yfc-wales.org.uk)

SYSTEM FARCIO

Perfformio	35
Meim	35
Gwisg	10
Effaith Gyffredinol	20
CYFANSWM	100

SCALE OF MARKS

Performance	35
Mime	35
Costume	10
Overall Effect	20
TOTAL	100



CYSTADLEUAETH 12a

CYSTADLEUAETH TYNNU'R GELYN BECHGYN A MERCHED

TÎM

Tîm o wyth aelod. Ni chaniateir mwy na **dau (2)** aelod o'r tîm i fod rhwng 15 oed a throsodd, ac o dan 17 oed ar 1 Medi 2025 a RHAID i weddill y tîm fod rhwng 17 oed a hŷn, a 28 oed neu iau ar 1 Medi 2025. Dylai'r holl gystadleuwyr fod yn aelodau llawn o glwb yng Nghymru sy'n gysylltiedig â FfCCFFI /CFFI Cymru. Ni allwch gystadlu i fwy nag un clwb a sir o fewn un flwyddyn aelodaeth.

Un tîm o fechgyn ac un tîm o ferched.

Caniateir eilyddion, gweler rheolau FfCCFFI.

DILLAD AR ADEG Y PWYSO

Gall timau bechgyn wisgo siorts o faint priodol sydd ddim yn dryloyw yn unig.

Gall timau merched wisgo siorts o faint priodol sydd ddim yn dryloyw a chrysau neu dopiau chwaraeon priodol yn unig.

Nid oes angen cario na gwisgo'r esgidiau ar y glorian yn ystod y pwysu.

NODIADAU

Bydd rheolau Tynnu Rhaff FfCCFFI 2026 yn weithredol, yn unol â chanllawiau Cymdeithas Tynnu'r Gelyn.

Pwysau;
680 kg dynion,
560 kg merched.

Dylai aelodau wisgo crysau o'r un lliw. Hyfforddwyr dynodedig i wisgo bibiau wedi'u cyflenwi gan CFFI Cymru.

Ni ddylid 'ffugio' esgidiau'r cystadleuwyr mewn unrhyw ffordd h.y. dylai'r wadn, y sawdl, ac ochr y sawdl fod yn wastad â'i gilydd. Ni chaniateir blaenau esgidiau metel neu blatiau metel ar flaen yr esgidiau. Caniateir platiau metel sy'n wastad ag ochr a gwaelod y sawdl yn unig.

COMPETITION 12a

MALE AND FEMALE TUG-OF-WAR COMPETITION

TEAM

A team shall consist of eight pulling members. No more than **two (2)** members of a team shall be between the ages of of 15 and over, and under 17 years on 1 September 2025 and the remainder of the team MUST be between 17 years and over, and 28 years of age or under on 1 September 2025. All competitors must be full members of a Club based in Wales and affiliated to Wales YFC or NFYFC. You cannot compete for more than one club and county in one membership year.

One male and one female team.

Substitutions are allowed please refer to the NFYFC Rules.

DRESS AT WEIGH-IN

Male teams may weigh-in in proper sized non-transparent shorts only.

Female teams may weigh-in in proper sized non transparent shorts and shirts or suitable sports tops only.

Boots need not be carried or worn on the scale during weigh-in.

NOTES

The 2026 NFYFC Tug-of-War Rules shall apply as set by the ToWA.

Weights;
680 kg Men,
560 kg Ladies.

Members to wear the same colour shirt / jerseys. Designated coaches to wear bibs supplied by Wales YFC.

Competitors' boots or shoes must not be 'faked' in any way, i.e. the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted.



Mae gan y beirniad yr hawl a'r cyfrifoldeb i ddiarddel tîm / timau ar ol rybudd neu ddiarddel heb rybudd os byddant yn torri rheolau.

Os bydd amser yn caniatáu, trefnir cystadlaethau'r bechgyn a merched fel cynghrair, fel arall cynhelir fel cystadleuaeth ddileu.

**CANLLAWIAU DIOGELU AC AMDDIFFYN
PLANT A SAFLE O YMDDIRIEDAETH (POT)
AR GYFER CYSTADLAETHAU**

I'r rhai mewn safle o ymddiriedaeth sy'n gwneud hyfforddiant yn wythnosol, e.e. côr, dawnsio, siarad cyhoeddus, tynnu'r gelyn, dylai fod ganddynt dystysgrif DBS.

Ar gyfer Tynnu'r Gelyn, mi ddylai chi hefyd fod wedi cwblhau cwrs hyfforddi diogelu NFYFC ac mae'n rhaid cofnodi eu manylion.

I gadarnhau – mae'n ofynnol i Hyfforddwyr Pob Tîm Tynnu'r Gelyn cael tystysgrif DBS yn ogystal ag a bod wedi cwblhau hyfforddiant NFYFC neu gwrs cyfatebol.

The judge(s) has / have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules.

Both sections will be run on a league basis if time allows otherwise they will be run on a knockout basis.

**SAFEGUARDING AND POSITION OF TRUST
(POT) FOR COMPETITIONS**

For those in a position of trust who are doing training every week, e.g. choir, dancing, public speaking, tug of war should have a DBS check.

For Tug of War, they should also have completed the NFYFC safeguarding training course and their details are to be recorded.

To clarify - that Trainers/coaches of all Tug of War teams need to have a DBS check plus take the NFYFC Safeguarding or an equivalent course.



CYSTDLEUAETH 12 (b)

CYSTDLEUAETH TYNNU'R GELYN IAU

TÎM

Bydd tîm yn cynnwys rhwng 7 a 10 aelod tyntu, bechgyn neu ferched, a rhaid iddynt fod rhwng 12 oed a 17 oed ac iau ar 1af Medi 2025. Mae hyn yn golygu RHAID i gystadleuwyr fod wedi cyrraedd eu penblwydd yn 12 oed ar 1af Medi 2025 a gallant fod yn 18 ar ddiwrnod y gystadleuaeth. (Ni allwch gystadlu i fwy nag un clwb a sir o fewn un flwyddyn aelodaeth). Caniateir eilyddion - gweler rheolau FfCCFFI.

Dylai'r holl gystadleuwyr fod yn aelodau llawn o glwb yng Nghymru sy'n gysylltiedig â FfCCFFI /CFfI Cymru.

DILLAD AR ADEG Y PWYSO

Gall timau bechgyn wisgo siorts o faint priodol sydd ddim yn dryloyw yn unig.

Gall timau merched wisgo siorts o faint priodol sydd ddim yn dryloyw a chrysau neu dopiau chwaraeon priodol yn unig.

Nid oes angen cario na gwisgo'r esgidiau ar y glorian yn ystod y pwyso.

NODIADAU

Bydd rheolau Tynnu'r Gelyn FfCCFFI 2026 yn weithredol, yn unol â chanllawiau Cymdeithas Tynnu'r Gelyn.

Pwysir aelodau'r tîm gyda'i gilydd ac ni chânt bwysu mwy na:-

560 kg Rheolau GENSB

Bydd cynnwys merched mewn tîm yn rhoi bonws o 10kg am bob merch, hyd at uchafswm o 600kg.

Aelodau i wisgo crysau o'r un lliw. Ni ddylid 'ffugio' esgidiau'r cystadleuwyr mewn unrhyw ffordd h.y. dylai'r wadn, y sawdl, ac ochr y sawdl fod yn wastad â'i gilydd. Ni chaniateir blaenau esgidiau metel neu blatiau metel ar flaen yr esgidiau. Caniateir platiau metel sy'n wastad ag ochr a gwaelod y sawdl yn unig.

Mae gan y beirniad yr hawl a'r cyfrifoldeb i ddiarddel tîm / timau heb rybudd os byddant yn torri rheolau.

COMPETITION 12 (b)

JUNIOR TUG-OF-WAR COMPETITION

TEAM

A team shall consist of between 7 and 10 pulling members, male or female, who must be between 12 years & 17 years of age and under on 1st September 2025. This means competitors MUST have attained their 12th birthday on 1st September 2025 and may be 18 on the day of the competition. (You cannot compete for more than one club and county in one membership year.) Substitues are allowed please see NFYFC rules.

And all competitors must be full members of a Club based in Wales and affiliated to either Wales YFC or NFYFC.

DRESS AT WEIGH-IN

Male - may weigh-in in proper sized non-transparent shorts only.

Female - may weigh-in in proper sized non transparent shorts and shirts or suitable sports tops only.

Boots need not be carried or worn on the scale during weigh-in.

NOTES

The 2026 NFYFC Tug-of-War rules shall apply as set by the TOWA.

The members of the team will be weighed as one and will not exceed:-

560 kg GENSB rules

'Lining up women in the team will give a bonus of 10 kg for each on the weight allowance, limited to a maximum team weight of 600 kg'

Members to wear the same colour shirt/jerseys. Competitors' boots or shoes must not be 'faked' in any way, i.e the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted.

The judge(s) has/have the power and responsibility to disqualify a team or teams after a caution or



Dylai cystadleuwyr nodi y bydd marciau o adrannau'r bechgyn, y merched a'r adran iau yn cael eu cyfuno a'u rhannu'n ddau cyn eu hychwanegu at y cyfanswm ar gyfer Tlws yr NFU.

DYSGWYR A HYFFORDDWYR

Un hyfforddwr yn unig fydd yn cael ei ganiatáu gyda phob tîm wrth dynnu, fydd yn cael cais i wisgo bib wedi'i ddarparu gan CFFI Cymru. Caniateir un hyfforddwr neu Ddyn Dwr yn unig gyda phob tîm. Yn ystod y tynnu rhaid i'r hyfforddwr gadw draw oddi wrth y ddau dîm ac nid oes ganddo/ganddi hawl i ddweud dim wrthynt yn ystod y tynnu.

Gwelir rheolau FfCCFFI am ragor o wybodaeth ynghylch Eilyddion a Manylion Penodol.

CANLLAWIAU DIOGELU AC AMDDIFFYN PLANT A SAFLE O YMDDIRIEDAETH (POT) AR GYFER CYSTADLAETHAU

I'r rhai mewn safle o ymddiriedaeth sy'n gwneud hyfforddiant yn wythnosol, e.e. côr, dawnsio, siarad cyhoeddus, tynnu'r gelyn, dylai fod ganddynt dystysgrif DBS.

Ar gyfer Tynnu'r Gelyn, mi ddylai chi hefyd fod wedi cwblhau cwrs hyfforddi diogelu NFYFC ac mae'n rhaid cofnodi eu manylion.

I gadarnhau – mae'n ofynnol i Hyfforddwyr Pob Tîm Tynnu'r Gelyn cael tystysgrif DBS yn ogystal ag a bod wedi cwblhau hyfforddiant NFYFC neu gwrs cyfatebol.

disqualify without caution for any offence against the rules.

Competitors should note that the marks gained from the male, female & junior sections will be added together and divided in half before going forward to the NFU Trophy.

COACHES AND TRAINERS

Only one Coach is permitted with each team during pulling, who will be asked to wear a bib provided by Wales YFC. Only one Trainer or "Water Carrier" is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling.

See NFYFC rules for further information on Substitution and Technicalities.

SAFEGUARDING AND POSITION OF TRUST (POT) FOR COMPETITIONS

For those in a position of trust who are doing training every week, e.g. choir, dancing, public speaking, tug of war should have a DBS check.

For Tug of War, they should also have completed the NFYFC safeguarding training course and their details are to be recorded.

To clarify - that Trainers/coaches of all Tug of War teams need to have a DBS check plus take the NFYFC Safeguarding or an equivalent course.



CYSTADLEUAETH 13

GWAITH COED IAU

TÎM

Dau aelod (18 oed neu'n iau)

TASG

Timau i ddylunio a chreu Bwrdd Adar.

AMSER

Caniateir 2 awr i gwblhau'r dasg.

OFFER

Mae'n rhaid i gystadleuwyr ddarparu eu hoffer eu hunain. Ni chaniateir defnyddio llif gadwyn. Caniateir driliau batri ond ni chaniateir unrhyw offer batri arall. Ni chaniateir atodiadau llafn i'r dril. Gellir defnyddio sgriwiau a/neu folltau, ond rhaid i'r cystadleuwyr ddarparu'r rhain eu hunain. Ni chaniateir gynnau hoelio. Ni chaniateir gynnau styffylu.

DEUNYDD

Yn rownd derfynol Sioe Frenhinol Cymru, bydd y cystadleuwyr yn cael y deunyddiau canlynol:

- 4 no. 3 x 2 x 2.4m long Regularised Tanalised
- 1 no. 3 x 2 x 2.4m long **Regularised Tanalised**
- 2 no. 4 x 1 x 2.4m long Sawn Tanalised
- 2 no. 2 x 2 x 2.4m long Regularised Tanalised

Gall cystadleuwyr ddod â deunyddiau ychwanegol ar gyfer y to os dymunant. Dylai cystadleuwyr ddod â'u hoelion eu hunain.

SYSTEM FARCIO

COMPETITION 13

JUNIOR WOODWORK

TEAM

Two members (18 years of age or under)

TASK

Teams to design and create a Bird Table.

TIME

2 hours is allowed to complete the task.

EQUIPMENT

Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery operated tools are allowed. No blade attachments on the drill is allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed.

MATERIALS

At Royal Welsh Show finals the competitors will be supplied with the following:

- 4 no. 3 x 2 x 2.4m long Regularised Tanalised
- 1 no. 3 x 2 x 2.4m long Regularised Tanalised
- 2 no. 4 x 1 x 2.4m long Sawn Tanalised
- 2 no. 2 x 2 x 2.4m long Regularised Tanalised

Competitors can bring additional materials for the roof should they wish. Competitors shall bring their own nails.

SCORING



Ansawdd y crefftwaith, cryfder y fframwaith a'r cynllun	60	Quality of workmanship, structural soundness and design	60
Gwaith tîm	10	Team work	10
Gweithio yn ddiogel	10	Safeworking	10
Gwreiddioldeb	10	Originality	10
Defnydd o'r ddeunyddiau	10	Use of materials	10
CYFANSWM	100	TOTAL	100

CYSTADLEUAETH 14

GWAITH COED

TÎM

Dau aelod (28 oed neu'n iau)

TASG

Timau i ddylunio a chreu Bwa Gardd.

AMSER

Caniateir 2 awr i gwblhau'r dasg.

OFFER

Mae'n rhaid i gystadleuwyr ddarparu eu hoffer eu hunain. Ni chaniateir defnyddio llif gadwyn. Caniateir driliau batri ond ni chaniateir unrhyw offer batri arall. Ni chaniateir atodiadau llafn i'r dril. Gellir defnyddio sgriwiau a/neu folltau, ond rhaid i'r cystadleuwyr ddarparu'r rhain eu hunain. Ni chaniateir gynnu hoelio. Ni chaniateir gynnu styffylu.

DEUNYDD

Yn rownd derfynol Sioe Frenhinol Cymru, bydd y cystadleuwyr yn cael y deunyddiau canlynol:

5 no. 4 x 2 x 2.4m long Regularised Tanalised
4 no. 3 x 2 x 2.4m long Regularised Tanalised
5 no. 2 x 1 x 2.4m long Tanalised Roofing Batten

Dylai cystadleuwyr ddod â'u hoelion eu hunain.

SYSTEM FARCIO

Ansawdd y crefftwaith, 60
cryfder y fframwaith a'r cynllun

COMPETITION 14

WOODWORK

TEAM

Two members (28 years of age or under)

TASK

Teams to design and create a Garden Archway.

TIME

2 hours is allowed to complete the task.

EQUIPMENT

Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery operated tools are allowed. No blade attachments on the drill is allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed.

MATERIALS

At Royal Welsh Show finals the competitors will be supplied with the materials with the following:

5 no. 4 x 2 x 2.4m long Regularised Tanalised
4 no. 3 x 2 x 2.4m long Regularised Tanalised
5 no. 2 x 1 x 2.4m long Tanalised Roofing Batten

Competitors shall bring their own nails.

SCORING

Quality of workmanship, 60
structural soundness and design



Gwaith tîm	10	Team work	10
Gweithio yn ddiogel	10	Safeworking	10
Gwreiddioldeb	10	Originality	10
Addasrwydd yr eitem	10	Fit for purpose	10
CYFANSWM	100	TOTAL	100

CYSTADLEUAETH 15

GÊM Y CENEDLAETHAU

THEMA

Dyddiau Da

TÎM

Dau aelod (18 oed neu'n iau)

TASG

Gofynnir i'r cystadleuwyr, yn unigol neu fel tîm, i wneud/perfformio tasg o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

NODIADAU

Bydd CFFI Cymru yn darparu'r holl offer.

SGORIO

Cyfanswm marciau 100.

COMPETITION 15

GENERATION GAME

THEME

Golden Oldies

TEAM

Two members (18 years of age or under)

TASK

Competitors will be required, individually or as a team, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NOTES

Wales YFC will supply all equipment.

SCORING

Total marks 100.



CYSTDLEUAETH 16

BARNU MERLOD ADRAN A

TÎM

Pedwar aelod (un 28, un 21, un 18 ac un 16 oed neu iau).

TASG

Cystadleuwyr 28 a 21 oed neu iau i osod a rhoi rhesymau ar ddau gylch o bedwar merlod.

Cystadleuwyr 18 oed neu iau i osod dau gylch o bedwar a rhoi rhesymau ar un cylch o bedwar merlod (cylch i'w benodi cyn y gystadleuaeth).

Cystadleuwyr 16 oed neu iau i osod a rhoi rhesymau ar un cylch o bedwar merlod.

SYLWER

Caiff y merlod eu beirniadu ar Bwyntiau'r Brîd.

AMSERU

Caniateir 15 munud ar gyfer adolygiad y merlod.

RHESYMAU

Caniateir dwy funud i bob cystadleuydd gyflwyno eu rhesymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig ar raddfa o ddau farc am bob 15 eiliad neu ran o hynny.

COMPETITION 16

SECTION A PONY JUDGING

TEAM

Four members (one 28, one 21, one 18 and one 16 years of age or under).

TASK

The 28 and 21 years of age and under competitors to place and give reasons on two rings of four ponies.

The 18 years of age and under competitor to place two rings of four ponies and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years of age and under competitor to place and give reasons on one ring of four ponies.

NOTES

Ponies to be judged on Breed Points.

TIMING

15 minutes allowed for inspection of the ponies.

REASONS

Each competitor will be allowed two minutes to state his / her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for



Caiff yr aelodau ond defnyddio'r cardiau a darperir gan CFFI Cymru yn ystod y gystadleuaeth.

each 15 seconds or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC during the competition.

CYSTADLAETHAU 17

SIOE FFASIWN

TÎM

Tri aelod (dau 28 ac un 18 neu iau)

TASG

Addasu dwy wisg ar gyfer sioe ffasiwn, wedi ei ysbrydoli gan "Trwy'r degawdau." Rhaid i'r eitemau o ddillad ddod o siop elusen, er mwyn ffurfio Sylfaen i'r ddwy wisg. Caiff y dillad eu haddasu mewn unrhyw fodd.

Dylid cynhyrchu bwrdd syniadau A3 ar gyfer pob gwisg gyda llun o'r nwyddau yn eu ffurf wreiddiol. Yn y Sioe Frenhinol, rhaid i'r tîm lwyfannu Sioe Ffasiwn - bydd un aelod o'r tîm yn sylwebu, a'r ddau arall yn modelu'r gwisgoedd.

Caniateir cerddoriaeth ar gyfer y gystadleuaeth.

COST

Dim mwy na £30 i'w wario ar siopau elusen neu wefannau dillad ail-law e.e. Vinted, eBay (rhaid cyflwyno derbynebau – nid yw'r gost yn cynnwys taliadau dosbarthu). Ni ddylai'r gyllideb ar gyfer y gwaith addasu fod yn fwy na £10 (rhaid cyflwyno derbynebau). Dylid cyflwyno cost lawn yr addasiad.

OFFER

COMPETITION 17

FASHION PARADE

TEAM

Three members (two 28 and one 18 years of age, or under)

TASK

Customise two outfits for a fashion show taking inspiration from 'Through the decades'. Items of clothing to be purchased from charity shop, which will form the basis of the two outfits. The clothing items should be customised using any medium.

An A3 mood board to be produced for each outfit should include a picture of the garments in their original state. At the Royal Welsh Show, the team will stage a fashion show – one team member will act as compere and the other two members will model the outfits.

Music will be allowed to accompany the fashion show.

COSTINGS

No more than £30 to be spent on charity shop or second hand clothing websites e.g. Vinted, ebay (receipts to be presented – cost are not including delivery charges). The budget for the customisation should be not exceed £10 (receipts to be presented). Completed customisation cost to be presented.

**MUDIAD FFERMWYR IFANC CYMRU
WALES FEDERATION OF YOUNG FARMERS' CLUBS**

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Fydd technegydd CFFI Cymru yn gyfrifol am chwarae pob ffeil MP3. Dylai cystadleuwyr ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB. **Noder RHAID i'r gerddoriaeth fod yn fersiwn Golygiad Radio, h.y. yn addas ar gyfer cynulleidfaoedd teuluol.**

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (naill ai ar USB neu dylid e-bostio ffeiliau MP3 at gwybodaeth@yfc-wales.org.uk)

AMSER

Caniateir uchafswm o 5 munud ar gyfer y perfformiad.

DIRWY AMSER

Hyd at 15 eiliad dros amser - 2 farc; hyd at 30 eiliad dros amser- 5 marc a thynnir 5 marc dirwy bellach am bob 15 eiliad wedi hynny.

MARCIAU

Gwisgoedd	60
Sylwebaeth	10
Effaith cyffredinol	30
CYFANSWM	100

EQUIPMENT

The YFC technician will be responsible for playing all mp3's. Competitors to submit their MP3 files either via WeTransfer or on a USB stick. **Please note music MUST be Radio Edit versions, i.e. suitable for family audiences.**

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Submission of music file to Wales YFC Office (either on a USB stick or mp3 files to be e-mailed to information@yfc-wales.org.uk)

TIME

A maximum of 5 minutes will be allowed for the performance.

TIME PENALTIES

Up to 15 seconds overtime– 2 penalty marks; up to 30 seconds overtime – 5 penalty marks, and a further 5 penalty marks will be deducted for every 15 seconds thereafter.

SCALE OF MARKS

Outfits	60
Commentary	10
Overall Effect	30
TOTAL	100



CYSTADLEUAETH 18

CYSTADLEUAETH RYGBI 7-BOB OCHR

Bydd y gemau'n cael eu chwarae yn unol â chyfreithiau'r IRB.

Bydd un tîm o bob sir yn cystadlu yn rownd derfynol ar lefel Cymru.

CYMHWYSEDD

Carfan o 10 dyn, gyda hwy oll yn aelodau a rhaid bod yn 28 oed neu iau ar 1af o Fedi 2025. Mae'n ofynnol fod pob chwaraewr yn 18 oed ar y 20fed o Orffennaf 2026 i allu chwarae. Bydd yn rhaid i'r holl chwaraewyr fod yn aelodau llawn o glwb FfCCFFI/CFfI Cymru. 7 chwaraewr i fod ar y cae ymhob gêm, gall tîm eilyddio hyd at dairgwaith o fewn gêm.

Mae'n ofynnol i bob Sir i ddychwelyd y ffurflen erbyn y dyddiad cau yn enwi 15 chwaraewr sydd wedi eu dewis ac yn gymwys i gynrychioli'r sir yn y gystadleuaeth, am resymau yswiriant. Fydd carfan o 10 chwaraewr yn ffurfio'r tîm a bydd tocynnau ar gyfer y 10 aelod yn cael eu dosbarthu i gael mynediad i'r sioe.

Bydd hi'n ofynnol i ddangos cardiau aelodaeth yr aelodau ar ddechrau'r gystadleuaeth i'r stiward ac **yn hanfodol fod llun o'r aelod ar y cardiau aelodaeth**. Os bydd unrhyw broblemau wrth ddangos y garden aelodaeth yna bydd trwydded yrru/pasport yn cael ei ganiatau i adnabod yr

COMPETITION 18

7 A SIDE RUGBY COMPETITION

The games shall be played in accordance with the laws of the IRB.

Counties will be represented by one County team in the Wales Final.

ELIGIBILITY

A squad of ten male members, all of whom must be 28 years of age or under on the 1st September 2025. All players must be 18 years of age on 20th July 2026 to be eligible to play. All members must be full members of a Club affiliated to NFYFC / Wales YFC. Seven players shall be chosen to form the team for each game. A team can substitute or replace up to 3 players during a game.

For Insurance reasons, counties are requested to return the form by the closing date naming 15 players who have been chosen and are eligible to represent the County in the competition. From this, a squad of 10 players are to form the team and tickets for these 10 will be issued for entrance to the show.

Membership cards of every competitor must be produced and shown to the steward before the start of the competition **all cards must have a photo of the competitor**. If a membership card is unable to be presented a driving license/passport will be accepted as proof of ID for the purposes of verifying



aelod sydd ar fâs-data CFFI Cymru. Os na fydd gwiriad yn bosibl, ni fydd yr aelod hwnnw'n gallu cymryd rhan. Bydd methiant i ddangos carden aelodaeth yn arwain at godi dirwy o £10 i'r ffederasiwn Sirol.

Bydd hi'n ofynnol i'r aelodau i gofrestru cyn iddynt fynd ar y cae i gynhesu fyny/chwarae. Dylai aelodau fod yn barod i ddarparu tystiolaeth arall o I.D. ynghyd a'u carden aelodaeth i brofi ei bod yn aelod llawn o'r mudiad. Mae gan CFFI Cymru yr hawl i atal unrhyw un rhag chwarae yr amheuir ei fod yn ffugio bod yn aelod.

the member on the Wales YFC database. If verification is not possible then that member will not be able to take part. Failure to produce a valid membership card will result in a £10 fine being charged to the associated county federation.

Members will be asked to register before they are allowed onto the field to warm up/play. Members should be prepared to provide a second form of valid photo I.D. alongside the membership card to prove the members I.D. Wales YFC reserve the right to prevent anyone from playing who is suspected of falsifying their membership.

TREFN

Bydd trefn chwarae yn cael eu llunio gan ddweud pa noson bydd y siroedd yn cystadlu yn ystod y Sioe Frenhinol.

Fydd y gystadleuaeth yn rhedeg ar yr amser fel y ganlyn;

Rownd 1

Dydd Llun, 20fed o Orffennaf 2026 – Cylch y Gwartheg

Rownd 2

Dydd Mawrth, 21ain o Orffennaf 2026 – Cylch y Gwartheg

Rownd Derfynol

Dydd Mercher, 22ain o Orffennaf 2026 – Cylch y Gwartheg

Bydd gemau naill ai'n cael eu chwarae mewn dwy grŵp neu ar sail 'knockout', yn dibynnu ar nifer y timau sy'n cymryd rhan.

Wedi'r tîm gofrestru, bydd yn ofynnol i un aelod o'r tîm i lunio daflen wybodaeth ar gyfer y bocsy sylwebu cyn y gic gyntaf.

Bydd pob gem yn 7 munud bob hanner yn rownd 1 a 2 â dwy funud o egwyl.

Bydd y ffeinal ar ddydd Mercher yn 10 munud bob hanner â dwy funud o egwyl.

PROCEDURE

Following entries from Counties, a draw will be made to select which teams will compete on which evening of the Royal Welsh Show.

The competition will then be held along the following lines:

Round 1

Monday, 20th July, 2026 - Cattle Ring

Round 2

Tuesday, 21st July, 2026 - Cattle Ring

Final

Wednesday, 22nd July, 2026 - Cattle Ring

Games will either be played in two pools or on a knockout basis, depending on the number of teams entered.

Upon registration one member from the team must complete an accurate team sheet with useful information which will be provided to the commentary team before kick off.

Duration of play will be 7 minutes each way in Round 1 and 2 with a two minute interval.

The final on Wednesday will be 10 minutes each



Ym mhob gem, os fydd y sgôr yn gyfartal ar yr amser terfynol, yna bydd hi'n ofynnol i chwarae amser ychwanegol. Bydd yr amser ychwanegol yn cael ei chwarae mewn cyfnod o 5 munud bob ochr a'r timau yn newid ochr chwarae heb egwyl. Bydd y capteiniaid ar ddechrau'r amser ychwanegol yn penderfynu ar daflad ar y gic neu barhau gyda'r chwarae. Yn yr amser ychwanegol, y tîm fydd yn sgorio gyntaf fydd yn cael eu datgan fel yr enillwyr ar unwaith heb barhau gyda'r chwarae.

Os yw'r cystadleuaeth yn cael ei chwarae mewn dwy grŵp ac mae gan ddau dîm yr un nifer o fuddugoliaethau, gemau cyfartal a cholledion ar ddiwedd yr holl gemau, bydd enillydd y grŵp yn cael ei benderfynu ar sail nifer y ceisiau a sgoriwyd. Os nad oes enillydd o hyd, bydd yn seiliedig ar nifer y ceisiau a drawsnewidiwyd, ac os nad oes enillydd o hyd, cynhelir gic gosb i benderfynu'r enillydd.

Mae'n ofynnol bod holl chwaraewyr yn gwisgo'n addas e.e. siorts, sanau ac esgidiau rygbi. Bydd y dyfarnwyr yn goruchwyllo ar y dechrau os ydynt yn cyrraedd rheolau Undeb Rygbi Cymru.

Os bydd y dyfarnwr yn danfon chwaraewr oddi ar y cae, ni fydd y chwaraewr yn cael ail-ymuno gyda'r chwarae yn y gystadleuaeth. Y dyfarnwr fydd yr unig ganolwr ar bwyntiau o anghydfod.

Os fod unrhyw aelod yn chwarae ar ddylanwad alcohol, fydd hawl gan y stiwardiaid awdurdod i wrthod yr aelod i gystadlu.

Bydd y tîm buddugol yn ennill tlws rygbi'r saith ochr.

way with a two minute interval.

In all games, if the scores are level at full time, then extra time will be played. Such extra time will be in periods of five minutes when teams will change ends without an interval. Before commencement of extra time the captains shall toss for the right to kick off or the choice of ends. In extra time the team which scores first will immediately be declared the winner without further play.

If the competition is being played in two pools and two teams have the same number of wins, draws, and losses at the conclusion of all matches, the winner of the pool will be based on tries scored. If there is still no winner, it will be on tries converted, and if still no winner, a penalty kick off.

All competitors will be suitably dressed, i.e. shorts, socks and boots. Referee will check that all boots conform with the regulations of the Welsh Rugby Union.

A player who is 'sent off' by the referee shall take no further part in the competition. The referee shall be the sole arbiter on points of dispute.

If any member is believed to be under the influence of alcohol, stewards will have the authority to refuse the member from competing.

The winning team will be awarded the 7 a'side Rugby Trophy.

**MUDIAD FFERMWYR IFANC CYMRU
WALES FEDERATION OF YOUNG FARMERS' CLUBS**

RHEOLAU 2025-2026 RULES

SIOE FRENHINOL CYMRU | ROYAL WELSH SHOW





CYSTADLEUAETH 19

LLYFR LLOFFION

Rhaid arddangos yr eitem tan 3yp, ar ddydd Iau 23ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

TÎM

Unigolyn neu dîm (28 oed neu iau)

TASG

Llunio llyfr lloffion clwb i ddarlunio'r flwyddyn ddiwethaf y clwb gan gynnwys toriadau o adroddiadau wasg, ffotograffau, gwaith o fewn y gymuned ac ati.

Rhaid cyflwyno llyfrau lloffion ar ffurf copi caled.

ARDDANGOSFA

Arddangosir y llyfr lloffion ar hanner bwrdd trestl.

NODIADAU

Mae'n bwysig fod gwybodaeth y Clwb yn cael ei harddangos drwy'r llyfr.

Bydd y llyfr lloffion yn cael ei harddangos ym mhabell y CFFI ar fore Llun y sioe.

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) - rhaid i Lyfr Lloffion gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn yn barod i'w feirniadu erbyn y Sioe.

SYSTEM FARCIO

Clawr Blaen 20
Cynnwys 80

CYFANSWM 100

COMPETITION 19

SCRAPBOOK

All exhibits to be on display until 3pm on Thursday 23rd July. Removal of exhibit before this time will result in the allocated marks being withdrawn

TEAM

An individual or a team (28 years of age or under)

TASK

To compile a club Scrapbook to depict a club's year, to incorporate press cuttings, photographs, work within the Community etc.

Scrapbooks must be presented in hard copy.

DISPLAY

Half a trestle table will be available for the displaying of the Scrapbook.

NOTES

It is emphasised that Club information is displayed throughout.

Scrapbooks will be displayed by Wales YFC in the YFC marquee on Monday of the show.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Scrapbook to be submitted to the Wales YFC centre, ready for judging prior to the Show.

SCALE OF MARKS

Cover Design 20
Content 80

TOTAL 100



CYSTADLEUAETH 20

GADEWCH INNI EICH DIDDANU

TÎM

Tîm o rhwng dau a chwech aelod (28 oed neu iau)

TASG

Tîm o hyd at chwe aelod i greu perfformiad ar lwyfan i ddi-ddanu'r gynulleidfa. Rhaid bod yn addas ar gyfer gwyllo gan bob oed.

Gallai hyn fod ar ffurf, ond nid yw wedi'i gyfyngu i, sgets neu feim.

AMSER

Dylai'r perfformiad fod yn isafswm o 2 munud o hyd ac uchafswm o 5 munud.

COSBAU

Hyd at 15 eiliad dros / o dan yr amser - 2 farc cosb;
Hyd at 30 eiliad dros / o dan yr amser - 5 marc cosb;
5 marc cosb ychwanegol am bob 15 eiliad wedi hynny.

OFFER

Fydd technegydd CFFI Cymru yn gyfrifol am chwarae pob ffeil MP3. Dylai cystadleuwyr ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB. **Noder RHAID i'r gerddoriaeth fod yn fersiwn Golygiad Radio, h.y. yn addas ar gyfer cynulleidfaeodd teuluol.**

DYDDIAD PWYSIG

Y cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – dylai'r gerddoriaeth a'r 'Llyfr Coch' gyrraedd CFFI Cymru erbyn y dyddiad hwn (yn barod i'w beirniadu cyn y sioe). (Dylid e-bostio ffeiliau Mp3 at information@yfc-wales.org.uk).

MARCIAU

Perfformiad	50
Set a Gwisg	30
Effaith Gyffredinol	20
Cyfanswm	100

COMPETITION 20

LET US ENTERTAIN YOU

TEAM

Team of between two and six members (28 years of age or under)

TASK

Team of up to six members to create a performance on stage to entertain the audience. Must be suitable for viewing by all ages.

This could take the form, but is not limited to, a sketch, or mime.

TIME

The performance should be a minimum of 2 minutes and a maximum of 5 minutes.

PENALTIES

Up to 15 seconds overtime / undertime - 2 penalty marks; Up to 30 seconds overtime / undertime - 5 penalty marks; a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

The YFC technician will be responsible for playing all mp3's. Competitors to submit their MP3 files either via WeTransfer or on a USB stick. **Please note music MUST be Radio Edit versions, i.e. suitable for family audiences.**

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – submission of the 'Red Book' (ready for judging prior to the show) and music files to Wales YFC Centre. (Either on USB stick or Mp3 files to be emailed to information@yfc-wales.org.uk).

SCALE OF MARKS

Performance	50
Set and Costume	30
Overall Effect	20
TOTAL	100



CYSTADLEUAETH 15
GÊM Y CENEDLAETHAU

COMPETITION 15
GENERATION GAME

THEMA
Dyddiau Da

THEME
Golden Oldies

TÎM
Dau aelod (rhwng 18 a 28 oed)

TEAM
Two members (between 18 and 28 years of age)

TASG
Gofynnir i'r cystadleuwyr, yn unigol neu fel tîm, i wneud/perfformio tasg o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

TASK
Competitors will be required, individually or as a team, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NODIADAU
Bydd CFFI Cymru yn darparu'r holl offer.

NOTES
Wales YFC will supply all equipment.

SGORIO
Cyfanswm marciau 100.

SCORING
Total marks 100.



CYSTADLEUAETH 22

SIALENS Y CADEIRYDDION

TÎM

Cadeirydd Sir neu Is-Gadeirydd Sir yn unig

TASG

Gofynnir i'r cystadleuwyr, yn unigol, i gwblhau /perfformio tasg o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

NODIADAU

Bydd CFFI Cymru yn darparu'r holl offer.

SGORIO

Cyfanswm Marciau 100.

COMPETITION 22

CHAIR'S CHALLENGE

TEAM

County Chair or Vice Chair only

TASK

Competitors will be required, individually, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NOTES

Wales YFC will supply all equipment.

SCORING

Total marks 100.