



CYNHYRCHYDD LLYSIAU GORAU CFFI CYMRU



**GWREIDDIAU IFANC
YOUNG ROOTS**

CFFI Cymru | Wales YFC

BEST WALES YFC VEG PRODUCER



Cystadleuaeth Cynhyrchydd Llysiau Gorau CFFI Cymru 2026
Best Wales YFC Veg Producer 2026
Cais Ysgrifenedig / Written Application

MANYLION CYSWLLT / CONTACT DETAILS

Enw Llawn / Full Name	
Cyfeiriad / Address	
Cyfeiriad e-bost / E-mail address	
Rhif Ffôn / Telephone Number (Landline)	
Rhif Ffôn (Symudol) / Telephone Number (Mobile)	
Rhif Aelodaeth CFFI Cymru Wales YFC Membership Number	
Dyddiad Geni / Date of Birth	



Disgrifiad byr o Gystadleuaeth Cynhyrchwyr Llysiau CFFI Cymru 2026

Mae Cystadleuaeth Tyfu Llysiau CFFI Cymru yn herio aelodau 13 oed a hŷn i dyfu detholiad o lysiau o'i dewis o fis Ebrill tan ddiwedd y tymor tyfu. Anogir yr aelodau i ddefnyddio technegau cynaliadwy, ymarferol sy'n addas i amodau Cymru. Trwy gydol y tymor, mae cystadleuwyr yn cofnodi eu cynnydd gyda lluniau a vlogs, gan arddangos eu sgiliau tyfu, iechyd cnydau, a chreadigrwydd. Mae beirniadu yn canolbwyntio ar ansawdd cynnyrch, hwsmonaeth dda, cynaliadwyedd, a thystiolaeth o ddysgu. Nod y gystadleuaeth yw ysbrydoli hyder, datblygu sgiliau garddwriaethol, a dathlu'r boddhad o dyfu bwyd o'r hadau i'r cynhaeaf.

Bydd yr aelodau llwyddiannus yn derbyn pecyn o hadau gan Hwb Hadau Cymru sy'n cynnwys 5 amrywiad gwahanol a gall aelodau benderfynu a hoffent blannu 1 neu bob un o'r 5 math. Caniateir i aelodau dyfu'r llysiau mewn uchafswm o 5x5m sgwar ond gallai hyn gynnwys plannu allanol, plannu mewn gwelyau uchel, bocs plannu neu mewn twnnel polly.

Yn ogystal â hyn, bydd aelodau'n derbyn 1 taten i'w blannu mewn 'twb' gall hyn gynnwys twb bwyd defaid neu unrhyw twb y gellir ei gludo. Yna bydd gofyn i'r aelodau ddod â'r twb i'r Sioe Frenhinol lle byddwn yn datgelu pwy sydd wedi tyfu'r nifer fwyaf o datws o'r un taten had.

Rhan 1 – Gweithdy Dechreuwyr Tyfu Llysiau (Ar Teams)

Yn ystod wythnos gyntaf y gystadleuaeth bydd yr aelodau yn cael eu gwahodd i ymuno â Chyfarfod Teams lle bydd arbenigwr yn cyffwrdd â'r pynciau canlynol gydag amser i aelodau ofyn cwestiynau a dyfnhau eu gwybodaeth. Bydd y pynciau'n cynnwys; Cael dealltwriaeth o hanfodion tyfu llysiau, deall iechyd a pharatoi'r pridd, dechrau arni gyda hadau ac eginblanhigion a dyfrio, bwydo a gofal planhigion

Rhan 2 – Bydd aelodau'n derbyn eu Pecyn Hadau

Bydd yr aelodau llwyddiannus yn derbyn pecyn o hadau gan Hwb Hadau Cymru sy'n cynnwys 5 amrywiad gwahanol a gall aelodau benderfynu a hoffent blannu 1 neu bob un o'r 5 math sef:

Tomato Dygnwch, Sboncen Gaeaf Blue Hubbard, Panas, Pys Llanofor, Ffa Ffrengig Domino Corrach
Caniateir i aelodau dyfu'r llysiau mewn uchafswm o 5x5m sgwar ond gallai hyn gynnwys plannu allanol, plannu mewn gwelyau uchel, bocs plannu neu mewn twnnel polly.

Rhan 3 – Bydd aelodau yn cymryd rhan mewn gweithdy Marchnata

Bydd aelodau'n cael cyfle i gymryd rhan mewn gweithdy marchnata gydag arbenigwr cyfryngau cymdeithasol ar sut i hyrwyddo eu cynnyrch a pharatoi eu vlogiau ar gyfer y gystadleuaeth.



Rhan 4 – Profiad Ymarferol ac Ymweliad

Bydd aelodau'n ymweld â fferm lysiau sy'n gweithio i weld sut maen nhw'n hyrwyddo eu cynnyrch a sut mae'r fferm yn gweithio o ddydd i ddydd a sut y gellir uwchraddio prosiectau bach.

Rhan 5 – Sioe Frenhinol 2026

Bydd y Sioe Frenhinol yn gyfle i arddangos yr hyn y mae'r aelodau wedi'i gyflawni hyd yma yn y gystadleuaeth gan y byddwn yn cael ardal yn y Pentref Garddwriaethol i chwarae'r vlogs ac o bosibl arddangos rhywfaint o gynnyrch a allai fod yn barod i'w ddewis. Rydym yn deall na fydd rhai o'r cynnyrch yn barod nes yr Hydref

Pwysu tatws yn y Pentref Garddwriaeth dydd Mawrth y Sioe Frenhinol rhwng 4-5pm.

Rhan 6 – Ffair Aeaf Cymru 2026

Bydd enillydd y Gystadleuaeth Llysiau yn cael ei gyhoeddi yn Ffair Aeaf Cymru unwaith y bydd yr holl Llysiau wedi'u cynaeafu a phob agwedd wedi'i feirniadu.

Gweler isod wefan ddefnyddiol ynghylch canllawiau i dyfwyr yng Nghymru –
<https://www.gov.wales/sites/default/files/publications/2021-03/allotments-and-community-growing-guidance-growers-growing-groups.pdf>

<https://www.rhs.org.uk/vegetables>

SYSTEM SGORIO (HEB GYNNWYS Y DATEN)

CATEGORI	UCHAFSWM PWYNTIAU
IECHYD A CHYFLWR PLANHIGION	30
ANSAWDD Y CYNNYRCH	30
HWSMONAETH A THECHNEG TYFU	20
TYSTIOLAETH A CHADW COFNODION	10
CYNALIADWYEDD / ARLOESI	10

Short Description of Wales YFC Veg Producer Competition 2026

The Wales YFC Vegetable Growing Competition challenges members aged 13 and over to grow a selection of chosen vegetables from April to the end of the growing season. Members are encouraged to use sustainable, practical techniques suited to Welsh conditions. Throughout the season, competitors record their progress with photos and vlogs, showcasing their growing skills, crop health, and creativity. Judging focuses on quality of produce, good husbandry, sustainability, and evidence of learning. The competition aims to inspire confidence, develop horticultural skills, and celebrate the satisfaction of growing food from seed to harvest.

The successful members will receive a pack of seeds from Wales Seed Hub that includes 5 different variations and members can decide if they'd like to plant 1 or all 5 of the varieties. Members are permitted to grow the Veg in a maximum space of 5x5m² but this could include out door planting, planting in raised beds, planters or in a polly tunnel.

In addition to this members will receive 1 potato to plant in a 'tub' this may include a sheep lick tub or any planter that is transportable. The members will then be required to bring the tub to the Royal Welsh where we will reveal who has grown the highest number of potatoes from the one seed potato.

Part 1 – Veg Growing Beginner Workshop (On Teams)

During the first week of the competition the members will be invited to join a Teams Meeting where an expert will touch on the following topics with time for members to ask questions and deepen their knowledge.

Topics will include:

Gain an understanding the basics of growing veg, understand soil health & preparation, getting started with seeds & seedlings and watering, feeding & plant care.

Part 2 Members will receive their Seed Pack

The successful members will receive a pack of seeds from Wales Seed Hub that includes 5 different variations and members can decide if they'd like to plant 1 or all 5 of the varieties which are: Endurance Tomato, Blue Hubbard Winter Squash, Parsnip, Llanover Pea, Domino Dwarf French Bean. Members are permitted to grow the Veg in a maximum space of 5x5m² but this could include out door planting, planting in raised beds, planters or in a polly tunnel.

In addition to this members will receive 1 potato to plant in a 'tub' this may include a sheep lick tub or any planter that is transportable. The members will then be required to bring the tub to the Royal Welsh where we will reveal who has grown the highest number of potatoes from the one seed potato. (This will not be included in the 5x5m square)

Part 3 – Members will participate in a Marketing workshop

Members will have the opportunity to participate in a marketing workshop with a social media expert on how to promote their produce and prepare their vlogs for the competition.



Part 4 – Hands on Experience and Visit

Members will visit a working Veg farm to see how they promote their produce and how the farm works from day to day and how small projects can be scaled up.

Part 5 – Royal Welsh 2026

The Royal Welsh will be an opportunity to showcase what the members have achieved so far in the competition as we will be allocated an area in the Horticultural Village to play the vlogs and possibly display some produce that may be ready to pick. We understand that some of the produce will not be in season until the Autumn.

The members will receive 1 potato to plant in a 'tub' this may include a sheep lick tub or any planter that is transportable. The members will then be required to bring the tub to the Royal Welsh where we will reveal who has grown the highest yield of potatoes from the one seed potato.

This will take place on Tuesday of the Royal Welsh between 4-5pm in Horticulture Village.

Part 6 – Welsh Winter Fair 2026

The overall winner of the Veg Competition will be announced at the Winter Fair once all the Veg has been harvested and all aspects have been judged.

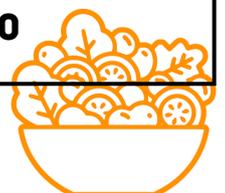
Please see below a useful website regarding guidelines for growers in Wales –

<https://www.gov.wales/sites/default/files/publications/2021-03/allotments-and-community-growing-guidance-growers-growing-groups.pdf>

<https://www.rhs.org.uk/vegetables>

SCORING SYSTEM (NOT TO INCLUDE POTATO)

CATEGORY	MAX POINTS
PLANT HEALTH & CONDITION	30
QUALITY OF PRODUCE	30
HUSBANDRY & GROWING TECHNIQUE	20
EVIDENCE & RECORD KEEPING	10
SUSTAINABILITY / INNOVATION	10





C1: Rhowch fanylion am unrhyw brofiad sydd gennych gyda thyfu llysiau neu blanhigion eraill (dim problem os nad oes gennych ddim!) a pham yr hoffech gymryd rhan yn y gystadleuaeth hon (uchafswm o 350 gair).

Q1: Give details of any experience you have with growing vegetables or other plants (no problem if you have none!) and why you would like to take part in this competition.

(Max. 350 words).

10 Marc / 10 Marks





C2: Manylwch ar yr ardal sydd gennych ar gael i dyfu llysiau, gan gynnwys ansawdd y pridd, drychiad uwchben lefel y môr, pa mor gysgodol yw'r safle ac unrhyw isadeiledd sydd gennych a fyddai'n helpu e.e. lleoliad y dŵr agosaf, defnyddio polytunnel neu dŷ gwydr ac ati. (Uchafswm o 350 o eiriau).

Q2: Detail the area you have available to grow vegetables, including the quality of the soil, elevation above sea level, how sheltered the position is and any infrastructure you have that would help e.g. location of the closest water, use of a polytunnel or greenhouse etc. (Max. 350 words) .

10 Marc / 10 Marks





C3: Amlinellwch eich cynllun ar gyfer tyfu llysiau y tymor hwn. Cynnwys manylion fel paratoi pridd, adgynhyrchiad hadau a dyfrio (Uchafswm o 350 gair).

Q3: Outline your plan for growing veg this season. Include details such as soil preparation, seed propagation and watering (Max. 350 words) .

10 Marc / 10 Mark





C4: Esboniwch sut y byddwch chi'n cofnodi a chyflwyno eich cynnydd trwy gydol y gystadleuaeth (uchafswm o 350 gair).

Q4: Explain how you will record and present your progress throughout the competition. (Max. 350 words).

10 Marc / 10 Marks



Argaeledd - Amserlen dros dro o ddiwyddiadau. Mae'r sesiynau canlynol a gyflwynir isod yn elfennau gorfodol o'r fenter. Cadarnhewch eich argaeledd ar gyfer pob dyddiad a bennwyd.

Dyddiad	Gweithgaredd	Lle	Ar gael (Ydw / Nac oes)
4ydd o Fawrth	Cyhoeddi y gystadleuaeth	Cyfyngau Cymdeithasol	
20fed o Fawrth	Dyddiad cau ar gyfer y cais ysgrifenedig	Ffurflen Gais	
Wythnos yn dechrau ar 23ain o Fawrth	Gweithdy ar-lein i ddechreuwr sy'n tyfu llysiau	Yn Rhithiol ar Teams	
14eg o Ebrill	Lansiad aelodau llwyddiannus yn swyddogol ar Ddiwrnod Cenedlaethol Garddio	Cyfyngau Cymdeithasol	
Ebrill	Gweminar gydag arbenigwr yn y maes sy'n canolbwyntio ar ddatblygu busnes a marchnata.	Ar y Fferm	
Mehefin	Profiad ymarferol ar Fferm sy'n tyfu llysiau	Yn bersonol	
Cyrsiau E-ddysgu – Cyswllt Ffermio		Yn ystod eich amser eich hun	
21ain o Orffennaf	Bydd y vlogs yn cael eu harddangos yn y Sioe Frenhinol a datgelu faint o datws bydd pawb wedi tyfu. (Dydd Mawrth y Sioe Frenhinol)	Maes Sioe Frenhinol Cymru	



Availability - Provisional timetable of events. The following sessions presented below are compulsory elements of the initiative. Please confirm your availability for all dates specified.

Date	Activity	Where	Available (Yes/No)
4th of March	Launch the Competition	Social Media	
20th of March	Closing Date for the Written Application	Form	
Week commencing 23rd of March	Online Workshop for Veg growing beginners	Teams	
14th of April	Officially launch successful members on National Gardening Day	Social Media	
April	Webinar with an expert in the field focussing on developing a business and marketing.	On Farm	
June	Hands on experience on a working Veg Patch	In person	
E- Learning courses – Cyswllt Ffermio		During your own time	
21st of July	Vlogs displayed at the Royal Welsh and picking of potatoes (Tuesday of the Royal Welsh)	Royal Welsh Showground	



MWY O WYBODAETH

Am fanylion llawn gan gynnwys telerau ac amodau y gystadleuaeth, ewch i www.yfc-wales.org.uk am ragor o wybodaeth, anfonwch e-bost at materiongwledig@wales-yfc.org.uk neu ffoniwch 01982 553502 / 07852715379

Y dyddiad cau ar gyfer ceisiadau ysgrifenedig yw 1:00pm ar yr 20fed o Fawrth 2026
Cyflwynwch eich ffurflen gais drwy e-bost i: materiongwledig@yfc-wales.org.uk neu ar y ffurflen ar-lein <https://forms.gle/HUoS3AgZQQtC4JHQ9>



CYMHWYSEDD

1. Yn agored i aelodau o Ffederasiwn CFFI Cymru. 13+
2. Rhaid i gystadleuwyr fod yn 28 oed neu'n iau ar 1 Medi 2025. Bydd yn ofynnol i gystadleuwyr ddangos eu cardiau aelodaeth.

COFNODION

3. Gall aelod gystadlu fel unigolyn neu fel clwb.
4. Dyddiad cau'r gystadleuaeth yw 20 Mawrth 2026. Ni ellir derbyn unrhyw gais hwyr.
5. Bydd y cystadleuwyr llwyddiannus yn cael eu cyhoeddi ar y Cyfryngau Cymdeithasol ar y 14eg o Ebrill 2026.
6. Sylwch fod rheolau cyffredinol CFFI Cymru yn berthnasol i'r gystadleuaeth hon.



MORE INFORMATION

For full details including terms and conditions, please visit www.yfc-wales.org.uk.
For further information please email materiongwledig@wales-yfc.org.uk or phone 01982 553502 /
07852715379

The closing date for written applications is 1:00pm on the 20th of March 2026
Please submit your application form via email to: materiongwledig@yfc-wales.org.uk or on the
online form <https://forms.gle/HUoS3AgZQQtC4JHQ9>

The closing date for written applications is 1:00pm on the 20th of March 2026

Please submit your application form via email to: materiongwledig@yfc-wales.org.uk



ELIGIBILITY

1. Open to members of the Wales Federation of YFC. 13+
2. Competitors must be 28 years of age or under on the 1st September 2025. Competitors will be required to show their membership cards.

ENTRIES

3. Member may compete as an individual or as a club.
4. The competition closing date is 20th of March 2026. No late entries can be accepted.
5. The successful contestants will be announced on Social Media on the 14th of April 2026.
6. Please note that the Wales YFC general rules apply to this competition.



